

### INSTRUCTIONS FOR USE :

Full body harness that are made of Polyamide and COLOCK harness made of Polyester are designed according to EN361 to be used for working at a height where the provision of general building construction site, works on roofs, suitable barriers or other similar safeguard is impracticable.

You can put on the harness in following order :

1. Take the harness by the dorsal D-ring(F) attached to the plastic plate (H). Make sure to use only the dorsal D-ring (F) for fall arrest purpose on the back support pad.
2. Slip on the shoulder straps (A) one after the other, taking care not to twist them.
3. Adjust one and then the other shoulder strap (A) by pulling or releasing the slack end, so that the buttock strap (E) is firmly in place under the buttocks.
4. Pull one and then the other thigh strap (D) through the crotch and latch each strap on each of the female buckles located at the thighs, by passing the male buckle through the female. Make sure not to cross the straps.
5. Adjust the tension of thigh straps (D) by pulling or releasing the slack end of the strap. Fastening and/or adjustment elements must be regularly checked during use.
6. Attach the chest strap (B) and adjust its tension to hold the shoulder straps centered on each shoulder.
7. For your safety and comfort in use, the harness has to be correctly adjusted neither too loose nor too tight.

### WARNING :

For fall arrest purposes, only the dorsal D-ring (F) must be used. The two D-rings on the chest side of the shoulder strap of SB102 series shall be used at the same time for rescue purpose only, not for fall arrest purpose. Front vertical D-ring must be used for the purpose of climbing or rescue.

### PARTICULARS IN NEED OF OBSERVANCE BY USERS

1. Before each use, a close visual examination should be made of the straps, sewing and fittings to make sure that the harness is in perfect working order.
2. Check that the harness is compatible with the other components of the fall arrest system or the work station restraining system (connector, tether, shock absorber, and so forth).
3. Whenever possible, it is strongly recommended that the harness be assigned to an individual in order to limit the re-adjustments needed when the harness changes hands, and also to be able to keep track of how often the harness is used.

4. Make sure to fill in the description card and keep it carefully on hand, and note the periodic checks for your safety.
5. Whenever possible, choose an anchor point above the user's position, and avoid any anchor point whose strength may be doubtful. Preferably use structural anchors provided for this purpose, or anchoring points able to hold more than 2,000 kgs.
6. Any harness that has withstood a fall or which appears doubtful on visual examination must immediately be withdrawn from service and returned to the manufacturer or competent repair centre for maintenance and retesting. Only one competent, approved person may decide whether to put it back in service.
7. In the course of use, all pertinent arrangements should be made to protect the harness against damage due to the work (bumps, cuts, chemical attack etc.)
8. When this harness is used with shock absorbing lanyard or fall arrester, minimum clearance below the feet of the user should be at least 2.5m to avoid any collision with ground.
9. The harness must be examined at least once a year by a competent person authorized by the manufacturer.
10. No modification should be made to the harness, either at the seams, in the strap assembly, or D-rings.

### MAINTENANCE AND STORAGE :

Proper maintenance and storage of your harness are primordial to insure integrity of the component parts and therefore the user's safety. So please comply strictly with the following instructions.

#### 1. CLEANING :

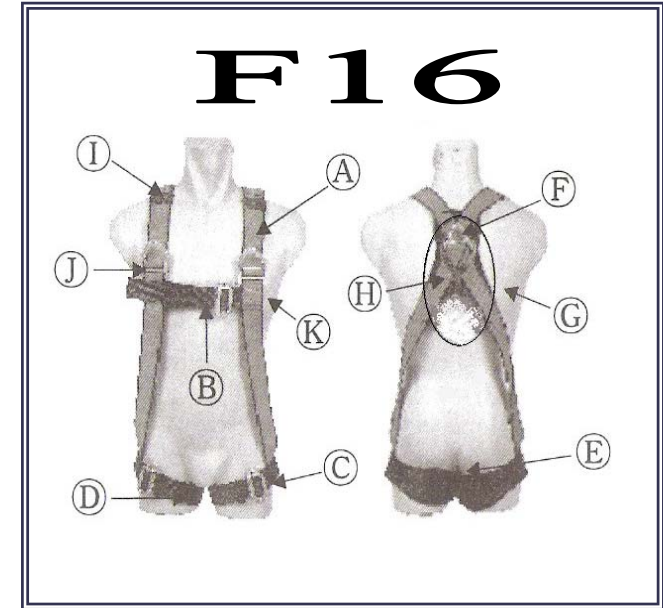
Whenever necessary, cleaning should be carried out using mild detergent powders/ordinary soap and water. When webbing becomes wet either when in use or as a result of cleaning it should be allowed to dry naturally, away from an open fire or any other source of heat. For metal ware hooks, buckles, links, tensioners, karabiners etc, inspect for damage and signs of distortion. Check for mechanical integrity and function. Check for worn, weak or damaged springs.

#### 2. STORAGE AND PROTECTION :

The equipment should be looked after and stored correctly when not in use and personal equipment should not be left lying around the site/works. It should be properly stored to prevent contact with sharp objects and harmful substances and kept in a cool dry place free from direct sunlight. This harness is supplied wrapped with a plastic bag to provide some resistance against the penetration of moisture and for the purpose of transportation.

### HARNES DESCRIPTION

- |                        |                       |
|------------------------|-----------------------|
| A - Shoulder strap     | B - Chest strap       |
| C - Connecting buckles | D - Thigh strap       |
| E - Buttock strap      | F - Dorsal D-ring     |
| G - Plastic plate      | H - Plastic link      |
| I - Chest D-ring       | J - Adjustment buckle |



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HIGH QUALITY SAFETY PRODUCTS